



WORKSHOP

HAND CLASS FOR STROKE

TUESDAYS
12.00 - 13.00



CENTRAL COAST
NEURO REHAB

Back to Health *centre*

GROUP HAND CLASS
FOR PEOPLE WITH
STROKE

BOOST
NEUROPLASTICITY
BY GETTING EXTRA
REPETITION OF
THOSE HAND
EXERCISES!

SOCIALISE AND
HAVE SOME FUN
WHILE IMPROVING
YOUR MOVEMENTS



PHONE
0429 377 994
02 4365 5883
TO BOOK

CENTRAL COAST
NEURO REHAB
@ Back to Health
Centre

6/30 Karalta Rd
Erina, 2250

Starts 13th June 2017